

**EUROPEAN UNION  
LIFELONG LEARNING PROGRAMME  
COMENIUS MULTILATERAL SCHOOL PARTNERSHIP PROJECT  
THE PROJECT TITLE: TESTING TASTES TO FIGHT OBESITY  
ROMANIA-SPAIN-GERMANY-ITALY-TURKEY-POLAND**



TÜRKİYE CUMHURİYETİ  
AVRUPA BİRLİĞİ BAKANLIĞI



REPUBLIC OF TURKEY  
MINISTRY FOR EU AFFAIRS  
МІНІСТЕРСТВО ЕВРОПЕЙСКИХ  
ВЕЩЕЙ

**THE SECOND VISIT TO TURKEY/KASTAMONU  
BETWEEN THE DATES 26-30 NOVEMBER 2014**



**KASTAMONU SCIENCE HIGH SCHOOL**





## THE DETAILS ABOUT THE ARRIVAL TO TURKEY

COUNTRY	DATE OF ARRIVAL	TIME OF ARRIVAL	FLIGHT NUMBER	TERMINAL NUMBER
ITALY	26 NOV/2014	13:40		
SPAIN	26 NOV/2014	04:55	TK 1358	1
GERMANY	26 NOV/2014	14:05	TK 1630	1
POLAND	26 NOV/2014	14:30	AF1590	1
ROMANIA	26 NOV/2014	11:40	TK-1044	International

We are going to meet you at the airport and take you to the teachers' guest house. The plan will be made according to the country which arrives first.

## THE DETAILS ABOUT THE DEPARTURE FROM TURKEY

COUNTRY	DATE OF ARRIVAL	TIME OF DEPART	FLIGHT NUMBER	TERMINAL NUMBER
ITALY	1 DEC/2014	14:30		
SPAIN	30 NOV/2014	19:30	TK 1357	1
GERMANY	30 NOV/2014	19:35	TK 1637	1
POLAND	30 NOV/2014	18:25	AF1391	1
ROMANIA	30 NOV/2014	19:30	TK-1045	International





## THE ACTIVITIES TO BE DONE ON THE FIRST DAY-26-11-2014

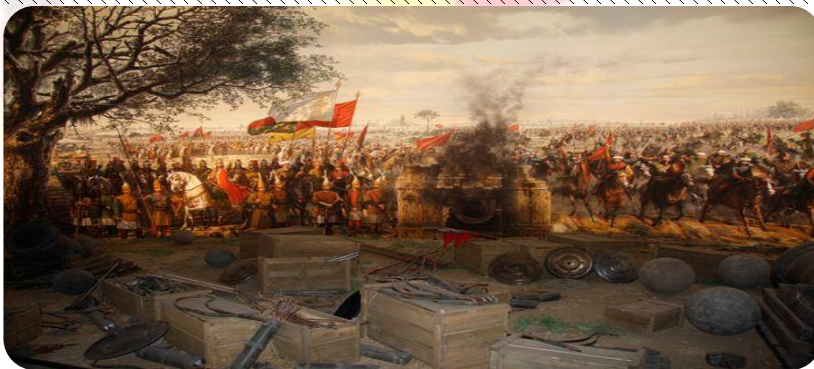
NO	TIME	THE ACTIVITIES	COUNTRY	COST
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1	08:00	VISITING TURKU AZOO	SPAIN	ADUL T 34 TL STUDENT 25 TL
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After having breakfast, we will go to Forum Shopping Center which houses one of the biggest aquariums in Turkey.

2	15:00		ALL	10 TL FOR BOTH TEACHERS AND STUDENTS
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We will visit the Panorama Museum which describes the confluence of İstanbul in 3D design.







### THE ACTIVITIES TO BE DONE ON THE FIRST DAY-26-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
3	17:00	 <p>We will visit the Galata Tower which is also called the Christ Tower. It was built in 1348 and from which the first man in history tried flying.</p>	ALL	13 TL FOR EVERY YBODY
4	19:00	 <p>We will go to the Beyoğlu Teachers' Guest House and have dinner at the hotel.</p>	ALL	SINGLE ROOMS ARE 139,5 TL PER NIGHT DOUBLE AND TRIPLE ROOMS ARE 90 TL PER NIGHT





## THE ACTIVITIES TO BE DONE ON THE FIRST DAY-26-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
5	20:30		ALL	FREE
6	21:00			

We will visit the Saint Antonette Church which is very close to the hotel.

We will have a short walk in İstiklal Street before going to bed. If you still have energy, we can go to place for a drink.







## THE ACTIVITIES TO BE DONE ON THE SECOND DAY-27-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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1 08:15



ALL

FREE

We will visit the Blue Mosque. It is also called Süleymaniye Mosque. A mosque built by the Süleyman the Magnificent. It was built in 1551.

2 09:00

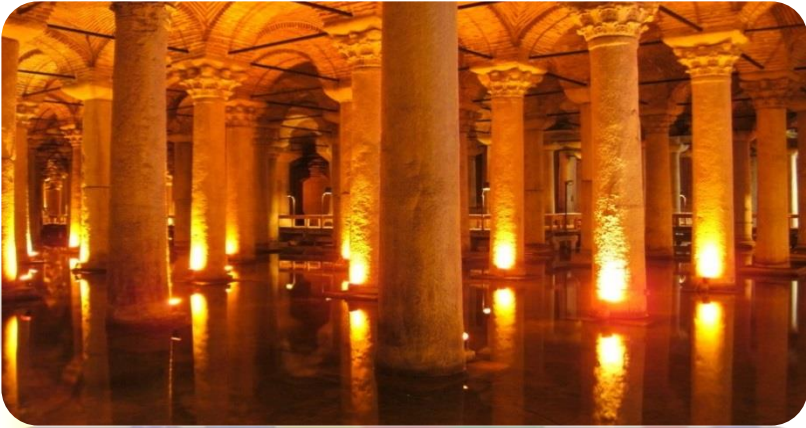


We will visit Hagia Sophia which is one of the oldest and biggest Christian Temples. It was built in 532. Its dome is still the biggest in the world.

30 TL FOR EVERYBODY (ON THE WEB SITE IT SAYS THAT COMENIUS GROUPS CAN GO IN FREE AS LONG AS THEY SHOW THEIR CONTRACTS WITH THEIR PARTNERS-I WILL CHECK FOR THAT)



### THE ACTIVITIES TO BE DONE ON THE SECOND DAY-27-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
3	09:30		ALL	10 TL FOR EACH

We will visit Yerebatan Sarnıcı which was used as a water deposit of the city in the past.

4 10:00



30 TL EACH

We will visit the Topkapı Palace which was the home of the emperors when the Empire was at its height.





## THE ACTIVITIES TO BE DONE ON THE SECOND DAY-27-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
5	12:00	 <p>We will go to a boat tour in the Bosphorus. We will have lunch on the boat. We will possibly eat fish sandwich to make use of time.</p>		12 TL EACH
6	13:30	 <p>We will go to Kapalıçarşı which is a shopping center which was built in 1461. It is one of the oldest and biggest shopping centers of the world.</p>		FREE
7	14:15	  <p>If we have time, we will go to Military Museum. There is an old military performance called Mehter Takımı there between 15:00-16:00. But I am not sure if we can have time for that.</p>		4 TL EACH





## THE ACTIVITIES TO BE DONE ON THE SECOND DAY-27-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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7 15:00



ALL

FREE

We will go to Pier Loti Hill to have a cup of coffee.

8 17:00



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The students will go to the hotel to have dinner at the hotel.  
The teachers will go to Kumkapı to have dinner. We will possibly watch some belly dancers.



**THE ACTIVITIES TO BE DONE ON THE THIRD DAY-28-11-2014**

NO	TIME	THE ACTIVITIES	COUNTRY	COST
1	08:30		ALL	30 TL EACH



**We will visit the Dolmabahçe Palace which was built towards the end of the Empire. It is very luxurious and it houses 9 tons of gold and 258 tons of silver.**

**2 10:00**



**6 TL**

**If we have time, we are going to visit the Sea Museum which houses ships of thousands of years old. After that, we will leave for airport to go to Kastamonu.**





**THE ACTIVITIES TO BE DONE ON THE THIRD DAY-28-11-2014**

NO	TIME	THE ACTIVITIES	COUNTRY	COST
3	15:00	 <p>After the teachers leave their luggage to the hotel Mütevelli, we will have a short city tour. First, we will visit the House of Governor.</p>	ALL	FREE
4	15:30	 <p>We will visit Nasrullah Mosque which was built in 1506.</p>		FREE



### THE ACTIVITIES TO BE DONE ON THE THIRD DAY-28-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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5 16:00



FREE

We will visit Münire Medreseh which was built in 1746. You can also buy some souvenirs there.

6 17:00





We will meet at the school. The host families will take the guests.





**THE ACTIVITIES TO BE DONE ON THE THIRD DAY-28-11-2014**

NO	TIME	THE ACTIVITIES	COUNTRY	COST
7	17:30	 <p>The teachers will go to İksir Hotel to have dinner. There is also a horse farm there where you can ride horses.</p>		60 TL EACH EXCEPT FOR ALCOHOLIC DRINKS
8	22:30	 <p>As teachers, we will go back to the hotel.</p>		80 TL PER NIGHT BREAKFAST INCLUDED



## THE ACTIVITIES TO BE DONE ON THE FOURTH DAY-29-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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1 08:30



We will go to Abana which is a small district on the Black Sea Coast of Kastamonu.

2 10:30



We will go to Haciveli Canyon in Abana.







### THE ACTIVITIES TO BE DONE ON THE FOURTH DAY-29-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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3 11:30



We will have some free time in the center.

4 12:30



30 TL  
EACH

We will have lunch at Abana Tatilya Resort Hotel. They have a heated pool, so if you wish you can have the chance to swim.





## THE ACTIVITIES TO BE DONE ON THE FOURTH DAY-29-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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5 13:45



We will visit a three which is 1000 years old on the way to İnebolu.

6 14:15



We will visit İnebolu which is another district nearby.







## THE ACTIVITIES TO BE DONE ON THE FOURTH DAY-29-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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7 14:30



We will drink tea on one of the cafes on the coast.

8 15:30



We will visit some typical İnebolu Houses.

FREE





## THE ACTIVITIES TO BE DONE ON THE FOURTH DAY-29-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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9 17:00



FREE

We will visit İnebolu Atatürk House.

10 19:30



100 TL

The guest students will go to their homes. Teachers will have dinner at Kastamonu Serender Sofrası.







## THE ACTIVITIES TO BE DONE ON THE FIFTH DAY-30-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
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1 09:30



We will meet at school to do our performances about the project.

2 13:00



We will go to Barutçuoğlu Shopping Center to have some free time. There you can also find some good places to have Turkish coffee.





### THE ACTIVITIES TO BE DONE ON THE FIFTH DAY-30-11-2014

NO	TIME	THE ACTIVITIES	COUNTRY	COST
3	14:15	We will leave for airport to go to İstanbul. I hope you all have a cosy and safe journey back.		

*Dear all, we are really looking forward to the day we will meet here in Turkey again. I tried to put as many things as possible in the program and to keep up with it, we should stick to the timing. Please have a good rest before coming here and wear your trainers 😊.*

*I WISH ALL THE BEST FOR YOU*

*BEST REGARDS FROM TURKEY*

